Fall 2013

Newsletter

October 29, 2013

Website: [www.spchna.org](http://www.spchna.org) President: Robyn Spragins 610-430-4189 [RSpragins@wcupa.edu](mailto:RSpragins@wcupa.edu); Vice President: Susan Fitzgerald 610-902-8400 [sfitzgerald@cabrini.edu](mailto:sfitzgerald@cabrini.edu); Secretary: Joanne Ocasio 717-872-3250 [joanne.ocasio@millersville.edu](mailto:joanne.ocasio@millersville.edu); Treasurer: Cheryl Donnelly, 610-328-8058 cdonnel1@swarthmore.edu; Member at Large: Chris Rooney 717-872-3250 chris.rooney@millersville.edu

Local Requests

* Family Nurse Practitioner at St. Agnes Nurses Center in West Chester, an all-volunteer, nurse-run clinic. Services include well check-ups and physicals, women’s health and pediatrics, care for chronic conditions, preventative care, and health education. Clinic hours are 4pm-6pm on Wednesdays and 10am-12pm on Saturdays. Contact De Vitale,

[Devitale828@gmail.com](mailto:Devitale828@gmail.com)

* Jacqueline G. Ioli, PhD (candidate), CRNP, PNP-BC, from Widener University.  She is studying problem solving in nurses who work in primary health care settings such as college health. Members can contribute to nursing research by participating in a 45 minute phone call. Contact information: [jgioli@mail.widener.edu](mailto:jgioli@mail.widener.edu)
* Seasonal Influenza Protection - Promote flu shots for students and staff. Helpful web sites:

<http://www.cdc.gov/flu/about/season/>



* Affordable Care Act & Insurance Information - Initial Open Enrollment is from 10/1/13-3/31/14. See [www.healthcare.gov](https://www.healthcare.gov/) to locate the exchange for your state, which is a web site to locate health coverage. The online Health Insurance Marketplace will offer a choice of health plans. All plans will provide essential benefits and preventive care. To begin, create an account at: [www.healthcare.gov](https://www.healthcare.gov/). The exchange will determine Medicaid eligibility and also subsidy eligibility for a private health plan. For 24/7 assistance call 1-800-318-2596 ; TTY: 1-855-889-4325.

**News in 2013 Local Requests**

members, who agreed to accept a leadership role in SPCNHA – Sue Fitzgerald, Joanne Ocasio, and Cheryl Donnelly. Thank you to everyone.

One of the missions of SPCHNA is to support professional growth and provide educational opportunities for its membership. This year, the fall conference and winter network meeting will be combined with a winter continued education offering. Beth Kotarski and the Swarthmore College health staff have graciously offered to host the winter program on January 15 from 8:30am to 3pm. More information will follow and be available on the web page: [www.spchna.org](http://www.spchna.org)

Please encourage your fellow college health nursing colleagues to join the organization and attend the SPCHNA programs.

I look forward to seeing you all in January. Best wishes for a wonderful semester. Stay safe and healthy,

Robyn Spragins

**Welcome to Fall 2013**

The leaves have turned colors, the first frost has come, and the fall semester is in full swing on our campuses. We all work hard to steer our students towards optimal health and wellness as they learn how to navigate a health care system on their own. We expect certain college health issues and also face new challenges with each academic year. It is wonderful to have the SPCHNA network of colleagues to work with to promote the well-being of our students.

Thanks needs to be extended to many amazing SPCHNA members. A huge thank you to Millersville University and Chris Rooney for hosting the very informative spring conference. Another huge thank you to the past board members – Pat Roberts, Kirstin Patragnoni-Sauter, and Michelle Keating-Sibel for all of the time and energy shared with the organization. A separate huge thank you to Chris Rooney for remaining on the current board to provide continued guidance and expertise. Finally, a huge thank you to the new board

Southeastern Pennsylvania College Health Nurses Association, Inc.



Log and Dialogue

*Renew your membership in SPCHNA by Jan 31, 2014 at www.spchna.org*